
CHAPTER FIVE



THE

GAMIE

“Over a period of time—if you play a game with your mind in your head—you reach a point in your mind where you know every game, is that not so? Therefore to create a game in which all parts of you had a choice to do as that part wished, but were connected, it would then create a game in which you did not know the results. Would that not be more joyful?”

It was the releasing of the energy of the Creator that created. The intelligence that said; “I know all I do, now I do not know all I do and I know all I do.” If you were to tell humankind it is a game, they would not understand.” *The Only Planet of Choice*, p. 21

The creation of Free Will gave rise to a Game, in which the children of God (us) became divided in two. It is a Game in which we are tested and given the option to choose between Truth and illusion, or in other words, between Love and fear. Because you have the ability to experience fear of your own volition, when you release fear-based

choices, it leads to fully experiencing the nature from which you disconnected and which you forgot.

This is the ultimate purpose of the Game: to make choices based in Truth and bring the experience of the Creator to all.

There are many ways of understanding the Game. Throughout the book, you will see the phrase “This is the Game.” Allow your mind to encompass the different contexts where you see this phrase and see what understanding you gain about the Game. The better we play The Game, the more joy it brings and the more Love we can feel for ourselves, others, and all of creation. Can you remember how much fun it was and how good it felt? Can you recall how it is to be ourselves totally and completely?

The answer does not lie in the question “What is real and what is not real?” How do you know what is real and what is not? It is difficult to know for sure what is real. What we have *conceived* to be real is so large. All our interactions are so immense and intricate that it becomes overwhelming *to try to figure out or solve* what is reality and what is illusion.

The answer lies in contemplating the question: “What do I *want to be* real and what do I *not want to be* real?” or “What do I want to be and what do I want not to be?” That is the question.

A great way to decide what you want to be, is if you feel who you are and you love it. Another way of saying this simply is “*You choose how you love to Be!*”

These words can seem so ridiculously simple that you will chuckle when you understand the intention behind them. But these words convey the way the Creator can have experience of itself. It can do so if it is given the ability to choose its own nature according to what it would Love to be. By putting us to the test and separating us from the source, the very nature of the Creator is being put to the test, for we are one and the same.

All the souls go through a deep forgetting because they chose outside of their true nature. Forgetting then actually enables us to choose our true nature which gives power to the experience of who we really are. If we fully remembered who we were, we would have no choice. It

wouldn't be possible for our fears and judgments to seem real. The experience of the opposite would not be possible. We would have no choice other than to be ourselves. When there was just Being, there was no choice in that and thus no ability to experience that true nature. The ability to choose outside your true nature actually gives great meaning and power when you finally decide to choose *within* your true nature.

Imagine that you have always had a wallet in your pocket. Because you've never been without it, you have no sense of appreciation of that wallet or what it means to you. Well, one day, you lose the wallet. You panic, suddenly realizing how precious that wallet is to you. You search frantically. You plead with the heavens. You call all your friends and curse them for not looking hard enough. In a whirlwind of desperation you think of all your credit cards, your driver's license, money, etc. that you lost. You give up and feel despair. Then you realize that it just slipped underneath a cushion on the sofa. Suddenly, you are *so* happy that you have it. Before, it was just your wallet. No big deal. Now, it is a cherished and prized artifact. And it's the same wallet. (see [Figure 11](#))

The *potential* to forget and choose outside of your true nature empowers your true nature *when* you choose it. This does not mean you continuously choose outside of your true nature. It means that the potential to choose lets you experience your true nature when you choose it. So we see that, *from one perspective*, the original sin of eating from the Tree of Knowledge was not a sin at all. It was a choice. We chose for ourselves, to see for ourselves. It also does not mean that we must experience fear to experience Love. It doesn't mean that Love only exists *because* fear exists, or that Good only exists with Bad. This is a common misconception (Appendix A). It means the *potential* to choose between Love and fear gives power, meaning, and experience to Love *when* you actually choose it. There is power in the choice of Love when there is also the choice of fear. And remember, a great way for you to decide what you want to be is when you feel who you are and you love it.

As soon as Adam and Eve touched the Tree For Better or For Worse, they started to forget their true nature. Their first action to make their previously public parts their private parts showed that they had already forgotten the Truth that there was nothing wrong with their bodies to

be ashamed of. In fact, the very judgment of their nakedness as bad has led to a lot of control and suffering.

It is not purposeful to suffer. Suffering isn't fun, nor is it joyful. It doesn't bring Love or happiness. It is not how we want to be. Therefore, *from another perspective*, it was an error to disobey the Will of the One by adopting choices outside of the Truth of the One. God said, "Here you have choice between Good and Bad, now do as you will (and please, oh please, just choose your true nature)." As soon as we chose the Bad, we fell. What do you do when you fall down? You pick yourself up. End of story. The purpose of the fall is over once you have fallen. You don't stay there on the ground and say "There was purpose in my fall. I must stay on the ground." No. You dust yourself off and then it is time to rise again.

Inside all the negative choices we have made, we have forgotten who we really are and have become frozen. When we touch the Truth again and have a most powerful release of the pain, guilt, fear, and frozenness, we awaken to the memory of our true selves. This moment, *after* the release of the negative and opposite, manifests the experience for which we have longed.

We are being nudged by all that is around and within to see that the Game that we have embarked upon is ending. The boxing match is over, the bell is ringing, so if we continue to throw punches, we are hurting others and ourselves for no reason. The very fact that there is *anything* separate, divided, apart is only an Illusion. The very fact that even one person suffers shows that we are still forgetting, somehow, somewhere.

This means that when we are living in illusion and choose from Forme Will as if that is our true Will, we are being controlled. When we live in fear, we are being controlled. To set ourselves free, we must wake up to the fact that we do have total and complete choice in everything. If you do not see that you are choosing to be a certain way, especially if you don't really want to be that way, then you have no choice; you are being controlled by your fear, judgment, and belief. If you choose something that is not good for you that is controlling you, you must realize that you have made the choice. Then you can choose to be empowered.

But if you do not see the choices you are holding onto and believing, you will never have the power to set yourself free. We have choice over everything we believe and everything we do, including our health, professions, and relationships. We have choice over how we feel and what thoughts pop into our minds. We must wake up to the fact that we have choice in everything to be able to let go of the choices. You cannot release what you do not know you have. If you know you hold a rock in your hand, you can drop it. If you do not realize that you, yourself, are sticking a needle into your foot, how can you stop? You cannot. If you believe one of God's commandments is to stick a needle in your foot, then you are being controlled by what you believe. If you understand that you have choice totally and completely, what are you going to do with that choice? Stick a needle in your foot?

You decide how you love to be.

This is the greatest BLT (Bottom Line Truth) of this book. It far surpasses any other truth that I can convey. You are truly free to be as you love to be.

So when you say, "I cannot. I must not. I am unable. I shouldn't. God wants something else of me," (when you would really love to do something else or be another way), you are not seeing that you have choice. When you are not happy and suffering, when you do things that are really not who you are, you are being controlled by your beliefs about yourself and reality. When you see that you can be as you love to be in every aspect of your life (and God wants that for you too), you set yourself free from the challenge, the Game you play with your opposing selves of Good (true nature—Free) and Bad (reflection/opposite of true nature—trapped).

Therefore when we say that you must give up control, that is not saying you must let God swoop down and start doing things for you. It doesn't mean that you do not have the power to do as you wish. It actually means the opposite. Giving up control means giving up trying to control others, situations, and trying to hold power over people. It means ceasing to control how you feel. Giving up control actually

means that you have total and complete freedom, power and ability to be as you would love. Allowishing is the will that makes all this happen. It is that simple. Is God involved? Of course, completely, in every breath you take and in your every action. It is God in you that *is* you.

Can you see that there is never a reason to want to be what you do not love? It is also true that you will only want to be who you *are*, for why would you ever want to be who you are *not*? In fact, it is not possible *to be* what you *are not*! You can only pretend. You can only use Frmee Will to try to be what you are not. It is also not possible to *try* to be who you are. You can just be. But we do try, a tendency we have had for a long, long time.

You will only ever *want* to be what you *love* to be and that is who you are.

Therefore another answer to the question,

“What do I want to be and what do I not want to be?”

Is that I want to be what I love to be.

I love to be what I am. I am what I love to be.

I AM Love.

Look now to your heart. How is it that you love to be? Give yourself the time and allowance to really dive deeply into seeing and knowing that you can do as you wish, as that inner calling beckons you! The freedom and the power might seem enormous, and in truth, it is. But don't worry, once you have frolicked and let down your hair enough to see that you are free to do as you wish anytime, anywhere, the sense of true freedom you feel will be light and easy and full of calm and peace.

[*Fourth Circle*—CaN #4—I AM WHAT I LOVE TO BE.

I am doing what I love to do. I am doing the work in my life that I love to do. It is the work of my heart. I am being what I love to be. I see the freedom that I can be as I love to be and do as I love to do.]

It is so simple. What you love to be, you are, otherwise why would you want to be it?

The Creator cannot *experience* its creation until its creation (us) real-

izes the Truth of what it is and then sets itself free to be that. When we realize that we are part of God, the belief that we have Free Will, and the ability to choose outside of our true nature, becomes transparent as the illusion that it is. We then realign ourselves with the One way, for there is only One way, One Will, the rest is unreal, illusion.

On a cosmic level, as long as we, as a great part of the Universe, believe that we exist in duality and separation, the Universe cannot experience its true nature of unity. The Universe is still stuck in the Game. It is stuck just like a chain is only as strong as its weakest link. All the negativity on Earth is the weakest link of the chain. Because so many of us believe that we exist in separation, and live in fear, we maintain the weak link.

Letting go of the illusion of separation does not mean that we lose our identities, as does a raindrop falling into a puddle. Believing that comes from our fear of entering being part of the collective. We were created to be individuals, but we will also have the feeling of the whole. Each soul's expression of this whole is a unique and creative expression of the divine, just as different stained glass windows let the rays of the sun pass through in diverse ways.

In the return to being One, there is something new, something more that we have never had. That is a nice addition that was not possible before because we were Allthat is and there was nothing else. Just as in T.S. Eliot's statement, "the end of all our exploring will be to arrive where we started and know the place for the first time," knowing that place for the first time is the experience that we have longed for. We will have the experience of true Love, *something that we have never known before*.

Many of us have experienced glimpses of true, unconditional Love at times, yet it is nowhere, not even remotely close to the kind of Love we feel as individuals who are all One and who have all let go to the Will of Love. In this state, we all know that everything is okay. Everything. When everything is okay, everything is wonderful. There is no splinter under the skin, no pea underneath the mattress. The difference is like having the space to swim in a plastic, portable baby pool versus swimming in the limitless waters of the ocean. This space is infinitely

wonderful and that is what makes all the difference. All our hardships, the times of pain that we have experienced, cause the wounded part of us to speak in the back of our minds, saying little things that somehow would justify that pain, that suffering, even if we don't mean to. The statements, "Life is too hard. I will never be okay. I will always feel this pain. I will not have Love." Are made by these little voices of our subconscious. They plant doubt in our minds. We can sit there for a long time and say, "Oh yeah. It's all good. God is Love and Love is all there is." Yet when we fully confront the doubt and release it, we can swim within the limitless expanse of joy. When there is no doubt, there is no resistance and then, because all negativity and opposition clear, there is an explosion of joy, a conversion into a whole other way of being.

Imagine this for a moment: We have never had the experience of true Love. From within and without, we shall have it. The Love that you experience you in fact *are*. This is to live again in the Garden of Eden. **Ganallisone**, which is like the Gan Edan, גן עדן, (Hebrew for the Garden of Eden), yet new and improved. Can you imagine the Garden of Eden? Do you have any memory as to the nature of the garden from which we have become separated? Nothing written about it can accurately capture it. It is not a location. It is a state of consciousness that is paradise. My feeble attempt to describe it is:

The most stunning colours. Unreal lights. The deepest joy and satisfaction in the experience of what is all around and within. Glorious sounds that greet your ears. The softest "air." Not a fear or a worry. Just joy and so much lightness of being! Immeasurable peace. Slowness that is as smooth as a floating feather. Feeling small and worry-free about how small we really are. Freedom that continuously reveals itself to you, every moment showing you the great potential for you to be as you love.

There is an ache within me that is deeper than all wishes. There is a deep ache in all people who have longed for Eden, for it is our home. It is a wish beyond all wishes. It is the ambrosia that the angels let me taste which I will never forget. I don't just want a taste from time to time, nor at fleeting moments within meditation or at different random points in my life. I seek this immeasurable wonder to fill me up

forevermore and for all people to have as well. This longing is born of the separation from the divine.

To return to the Garden of Eden, paradise, is the World to Come. It is interesting to notice that the place where *we will return to paradise* is also the World to Come. Time is coming full circle so that time as we have known it will merge together into a zero point of eternity. There, the illusion of the past will dissolve forever and the future will blend eternally with the now as the next new moment emerges out of the creative well of Allthat is.

No more bondage. No more scarcity and fear. No more control. You'll be dripping with Love. You won't have to save up or ration. Nor will you have to control it to keep it all for yourself.

When you are Love, you cannot control. Love *cannot* control, nor can any entity existing within Oneness. Control is Love's opposite! Love does not have the need to control, for it is self-sufficient. It has everything it will ever need. You only control when you fear that you lack, so you must take from others. The desire to have control over a situation, transforms Love into its opposite.

The Bible/Torah depicts God as controlling in many ways. The messages are easily misinterpreted: perhaps God is a judgmental God, or vengeful? Perhaps God is jealous, needing all people to worship Him and full of wrath, destroying people when they disobey. These messages are part of the Game, because it is up to us to choose what we love to be true, in order to solve the mystery of who we are. Being the children of God, it is up to us to fully reawaken ourselves and choose what the nature of God is. What is that nature? Is it violent? Controlling? Jealous? Does God punish people for choosing ways outside of Love? Just thinking about that seems absurd. Why would a deity punish his/her children for making errors of choice if that deity, as a gift, gave them the ability to choose?

Perhaps what those portions of the Torah are really saying is that we would suffer by our making choices without Love and outside of God's will. Perhaps it was necessary, at the time the Torah was given, to enforce that idea. Just as for children who don't listen very well, perhaps some harsh incentive was necessary to ensure that people got the message that

they would suffer if they didn't follow the Will of the One.

All choices and all beliefs must now be brought onto the table and examined. It is necessary to look at the time the Torah was given then, and the situation in our lives now, to make a wise, clear choice about the nature of God and the nature of all of reality for that matter. Perhaps now we are grown up enough to realize that it is not good to believe that God punishes, or is vengeful, or jealous. The Game is to choose, and to choose wisely. The Game is not to accept word for word what is written in the Bible/Torah just because we think it was passed on from God to a prophet. All that is written on paper and is finite is a test of our choice. What do we believe to be true? More importantly, what do we love to be true?

In this Game, in which we've adopted Free Will and the need to control, perhaps it is easy to imagine a controlling God because we too are so controlling. Really it is the *illusion* of control that leads to the need to be in control. From this need comes fear of being out of control, which you only fear when you try to be in control.

You dream you are the doer.

You dream that action is done.

You dream that action bears fruit.

It is your ignorance,

It is the world's delusion that gives you these dreams.

Bhagavad Gita

For thousands of years we have existed in a state of consciousness in which we constantly attempt to control rather than "Letting go and letting God," an enormous BLT. This does not imply that we have no power to co-create what is. It means that the belief that the more we try, the more we can make things happen, is an illusion. We co-create by letting God know what we love and then allowing that to be by knowing it is. We also co-create by understanding the Oneness between ourselves and the Creator.

When you release the fear of letting go of control, there is an immense difference in how you experience your life. It is like going on