

## INTRODUCTION

We have all been waiting for a sign in anxious anticipation, with excitement building, that this is the time to fully activate ourselves and be who we really are in service of the world for the good of all people. Signs are appearing now everywhere. They are rising out of the seas and crashing down amidst our cities. They are being written in our crops and portrayed in our films. They shimmer in the heavens and return as fulfilled prophecies. But most important, the call within our souls to go forth and be lights unto all people is louder than ever. This is the most important sign, because in carrying out what our souls urge us to do we fully activate the glow of all levels of Heaven within us, and fulfill the purpose of creation.

If you have forgotten what the incredible glow of your true nature feels like, this book will help you find your way back into the well of your heart and your body where you have always known the way. The path is not always easy. You have chosen (or will choose) a very challenging and special task. As you go about it, with dedication and perseverance, it will simply become an effortless part of who you are.

All can experience the Creator. Now is the time. Many of us feel capable of great deeds, of magnificent healing and creative energies, and of miracles. Because of this knowledge of our true core, we feel unable to rest or feel totally at peace until we have fulfilled our complete true nature. When you have an authentic wish to help others, you know it is a part of you—you cannot give up or turn your back on it. You might think you want to abandon it and postpone it, but your dedication makes you push forward toward being yourself in total and complete freedom. This can lead to a constant and infinite sense of striving. This book will help you understand how to tune into this calling to the greatest degree. It will also explain that there is a way, a point, and a moment in which you become totally and completely what you have longed to be. The Hebrew tradition calls this being “*Or L’Goyim*,”

meaning “a Light unto the Nations,” or a “whole light being” from another perspective. (This book contains many Hebrew terms like these, new words, and words used in a special way shown in ***bold ital-ics***. Click on blue text to see the definitions in the Glossary.)

This Light, which is the source that conceived all the religions of the planet, is not limited to anyone and is to be shared equally among all people. Your dreams are not just for you. If you wish just for yourself, or for your people alone, and you don't know how to share the joy of the return to ***Oneness*** with *all*, then you need some healing. Good. That is what this book is for.

This book is not to be committed to memory in a way that disempowers your ability to know Truth. It is a tool to uncover the well of Knowledge inside you. It is not filled with confining rules or laws you must obey. It is suffused with rubies to spark your true sense of freedom, so that you can see that it is time to let go and trust yourself in being who you are.

This book will address the many belief systems and judgments planted within that limit us and cause the free-flowing nature of our energy to ebb. Such resistance blocks our systems and leads to disease. When you are sick, or exist in any way other than your free-flowing nature, whether or not there is physical pathology, peace and *joie de vivre* are absent. When there is no joy and no peace, there is no ***Love***. When there is no Love, the lives and the relationships we create are destructive. Therefore, the path of healing is the process of releasing ourselves from cages that entrap our being. And so the path of healing is really the path of enlightenment and the return to the Garden of Eden. That is why the service that healers and Light Workers offer the planet today is of utmost importance. God bless you all. Your role in bringing us back to the Garden is paramount.

This book draws upon Kabbalah, alchemy, homeopathy, traditional Chinese medicine, the understanding of the chakras, as well as knowledge from other traditions to facilitate our healing. The lost identity of the Tree of Knowledge for Good and Bad is revealed and the immense effects it had on humankind are examined from many perspectives, including how it created our two opposing wills and the reversal of the

way we perceive the world. This book explains how the lost Tree of Knowledge can be used homeopathically to release ourselves from duality, so that we may once again eat fruit from the Tree of Life.

The book will help you see why you need not wait any longer—that you are capable and also responsible for creating Heaven on Earth. This involves letting go of what we have called “Free Will,” to begin knowing and being totally and completely okay with who you are and who you are created to be, without any resistance or doubt.

Your calling within to save the planet, or in other terms, to help be a part of raising this planet into the state of being as it was originally created to be, is the call to return to the Garden of Eden. This book discusses how we were first created in God’s imagination, and that we “threw” ourselves out of Eden and were responsible for beginning duality. Also discussed is *how* to return to the Garden of Eden, and in doing so, how we will be bringing in the Messianic Age and uncovering a lost civilization.

The Garden of Eden is also known as Nirvana or Heaven, a place of divine experience encompassed by many traditions. To be in Eden is to be exactly as we love to be, within our bodies here on Earth. Eden is a state of AllGood, a state of consciousness revealing to you in every moment the unconditional perfection of who you are, where you are, when you are. The energy of Eden is so divine that ecstasy becomes your permanent reality as you surrender to it. No longer will there be the sense of rising into ecstasy and falling into dullness, of the Heavenly and the Hellish, the manic and the depressive, nor ease and joy alternating with the heavy burden of responsibility. To be in Eden is to be totally free of *all* resistance, negativity, and duality.

How many of us truly wish we could be as a Messiah, not in the sense of being one who will come on a donkey and vanquish enemies, but rather in the sense that the Messiah is a collective movement of many people embodying their true natures of unconditional Love. This Messiah is like the good air we all breathe. It awakens first in a few, then in many, then in all. It colors our eyes with pastel-like lights so that we see that there are no enemies, only beliefs we needed to defend. It enlightens us to remember that everything we wish for and seek is

peace. Being a Messiah is expressed individually as a person's return to *their* Eden—the place where you see that all you truly are is everything you have wished to be. It reclaims you from all you try to do to avoid being who you really are. Having given yourself totally and completely to who you really are with no more internal resistance, you are capable of great feats and miraculous deeds. Having remembered who you are, you are able to transcend the barriers of earthly reality.

Who are you really? You are Soul. A Rabbinical Buddha. A Messianic Merlin. A Christic Priestess. A Many and a One. Truly.

And to become so, totally and completely, you must understand the importance of, and how to go about, letting go of Free Will.



Book I

**The Letting Go of Free Will**

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CHAPTER ONE

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THE LETTING GO



# OF “FRMEE WILL”

**T**his book is about releasing Free Will and returning to the state of Oneness that is beyond Free Will.

Many of us have come to believe that we are fully free because we have Free Will. What is Free Will?

It is actually a second will that is not part of our true nature. Our first will is the will with which we were created that is One with God's Will, seamlessly aligned and of the very same nature. Free Will is an additional adopted will that goes against the Will of God. With it, we become resistant and believe we must be in control. This causes a duality in a soul that possesses these two wills because they are not harmonious.

It is true that we have the ability to choose, yet we are not fully free to be who we really want to be because we are constantly dueling internally. We are often enslaved by our fears and judgments, which are rooted in our Free Will.

Don't be mistaken, however, in believing that this extra will we were granted is all bad. It is a gift that we were given, because it enables us to experience something impossible had we always remained One with God, in the spiritual and angelic realms. So it is part of God's Will even when it is not. Even though Free Will can be subject to opposition within, it is a necessary tool and a gift.

It is a tool like no other for, like a double-edged sword, it has served a great purpose, and yet we cut ourselves with it. In letting go of Free Will its purpose is fully served.

The paradox of Free Will is, therefore, that we are not completely 'free' when we hold onto the hilt of this double-edged sword. Thus, for the purpose of these books, I have renamed Free Will as a reminder that we are not completely free, when we have it, and so that we keep in mind that having choice is not always what it appears to be.

I have called it "*Frmee Will*," pronounced For-Me-Will, slurred altogether.

This is the Will of the *self within the self*—the part that became doubled and is trapped within. It is the selfish part—For Me Me Me—that forgets the connection with all things. It is also the will that resides within self-conscience that we experience as guilt. When we are so wrapped up in our own selves, in the conscience of our self, we experience guilt as a result of having lost the connection with all of creation. Frmee Will began right after Adam and Eve ate from the Tree of Knowledge for Good and Bad.

Before eating from the Tree, there was no shame in being naked. "They were both naked, the man and his wife, and they were not ashamed" **Gen 2:25**. This is symbolic; they were completely comfortable with who they were. Nakedness is who you are in the raw, with no mask, nothing hidden—being yourself freely as you were created to be.

Covering up the self is an act of shame. Shame and guilt come from the feeling that something is wrong with you. If we look closely at this, we see that before Adam and Eve ate from the Tree of Knowledge, there was no thought of anything bad. There was nothing to be afraid of, nor was there anything to judge as bad because Adam and Eve were still living within God's kingdom and perceiving all as it was created to be—

good (“And God saw all that He had made, and behold it was very good.” **Gen 1:31**). Therefore, Free Will is involved in Adam and Eve’s changed perception of God’s creation from “AllGood” to good and bad. And therefore we can also say that Free Will gives a person the ability to think about something and perceive something that really isn’t there. Adam and Eve were naked and it was okay, and then they were naked and it wasn’t. Which is true? The truth is that being naked is okay. The false perception is that it is wrong and shameful. Since Adam and Eve’s “little decision,” we have always had the choice to see things either way: true or false, which is the same as good or bad. The bad is the false way of seeing things because our world is really AllGood. We have simply forgotten.

One way we can choose to see is as passive witnesses, grateful for the way things truly are and as they were created to be. This is to perceive the unconditional perfection of Allthat is. It is a way of goodness, of peace and joy. The other choice is not truthful. It is an active way of perceiving by projecting what we believe. It is attempting to be like God controlling reality by deciding what is good and what is bad. Such judgment is the way of perception of Free Will. It is not real, nor does it bring us good. This is why we must let go of Free Will. Not only does it give us the ability to see things that are not there, it also leads us into trouble and suffering, when we need suffer no longer.

“There is nothing either good or bad but thinking makes it so.”  
Shakespeare — *Hamlet*, Act 2, Scene 2

When we see things in terms of good and bad, things become good and bad. When we release the part of ourselves that sees this duality, we see reality as it truly is, which is AllGood, and what is called ***“The Balanced Positive.”***

Free Will is an illusion in and of itself and has led us to the experience of forgetting who we are, for we are One with God and have always been. In Eden, there is no Free Will, and that’s a good thing. So returning to Eden is a surrender, because all the choices that we have adopted, all the judgments we have divided with, all the control that we