

Table of Contents

Preface	.xiii
Introduction	.xvi
Chapter 1	
The Letting Go of 'Free Will'	.2
Chapter 2	
Healing Resistance in the Mind and Body	.10
Chapter 3	
The Beingness of God	.32
Chapter 4	
The Boredom of God	.46
Chapter 5	
The Game	.62
Chapter 6	
The Imagination of God	.80
Chapter 7	
The Dream	.96
Chapter 8	
Faith and the Threshold	.110
Chapter 9	
The Tree of Knowledge for Good and Bad	.136
Chapter 10	
The Reversals of Reality	.172
Chapter 11	
The Science of Spirituality	.202
Chapter 12	
The Way of the Female and the Male— Reconciliation of Eve and Adam	.228
Book I Summary	.301
Book I Conclusion	.306
Epilogue	.315
Glossary	.316
Figures	.329

Appendix of Book I353
Appendix A: Common Misconceptions355
Appendix B: The Three Major Delusions357
Appendix C: Introduction to Homeopathy361
Appendix D: The Circle of Nine363
Appendix E: Bibliography375

Meditations/Exercises of Book I

Effort-Effortlessness Meditation29
The Foot Vibration Meditation77
Cutting to the Chase Exercises Part I123
The Leap of Faith Meditation128
The First Letter—Reconciliation of Eve and Adam299